

Addiction Consulting



next steps ...

what to do?

Do you or someone close to you have a possible problem with alcohol, tobacco, illicit drugs, gambling, or porn?

Don't wait any longer and ask us for support. Asking for help is not a sign of weakness. If anything else, it shows courage! Together we'll take step by step...

offers to addicted people

target group	offer
addicted adults	information / brief consultation initial conversation / consultation orientation / assistance / triage support in relapse prevention guidance for reintegration couples and family counseling
addicted teenagers	initial conversation / consultation resource strengthening
close relatives	information / consultation / support
companies	information / support / guidance team interventions /workshops

we are gladly your partner ...

Our professional facility is aimed at all persons with addiction problems and their close relatives who have their residence in one of the 8 communities:

- Aeugst a. A.
- Hausen a. A.
- Hedingen
- Knonau
- Maschwanden
- Mettmenstetten
- Obfelden
- Ottenbach

Consultations are for free, anonymous, voluntary, non-denominational, and quickly available.

consulting settings

Our consulting offers you high flexibility in terms of time and place setting:

- consultation by appointment
- on-site or outreach consulting
- digital consultation by phone, WhatsApp, email, or Zoom

Sozialdienst Bezirk Affoltern

Suchtberatung

Obfelderstrasse 41a

8910 Affoltern am Albis



phone +41 44 762 45 83 

email suchtberatung@saffoltern.ch
mduc@saffoltern.ch

website www.saffoltern.ch

consultation by appointment

Mon - Thur, 08:00 - 17:00 (or in off-peak hours)

availability by phone

Mon - Fri, 08:00 - 11:30 | 13:30 - 17:00

